Based on:

- 1. Clinical endpoints
- 2. Biomarkers (three distinct kinds)
- 3. Triggers
- 4. Inclusion criteria



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- 1. Clinical endpoints are the health outcomes underlying the indications for use. They respond to the intervention.
- 2. Biomarkers are subjective or objectives measures that respond to the intervention but are not clinical endpoints.

A. Biomarker Type I. Tracks the clinical endpoint, but is not the clinical endpoint. Ideally *anticipates* changes in the clinical endpoint.

Using Biomarker Type 1 in Personalized Medicine

What measure to use, how to determine error, how to update dose based on error.



Clinical Endpoints (may lag Type 1 biomarker)

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- 2. Biomarkers are subjective or objectives measures that respond to the intervention but are not clinical endpoints.

A. Biomarker Type I. Tracks the clinical endpoint, but is not the clinical endpoint. Ideally anticipates changes in the clinical endpoint.

B. Biomarker Type 2. Represents *acute* response to dose, and is not a biomarker of Type 1. Can be the mechanisms of action.

Example: Tingling during some forms of pain neuromodulation. (Tingling masks the pain by "Gate Control" mechanism)

Using Biomarker Type 1 or Type 2 in Personalized Medicine



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A. Biomarker Type I. Tracks the clinical endpoint, but is not the clinical endpoint. Ideally anticipates changes in the clinical endpoint.

B. Biomarker Type 2. Represents *acute* response to dose, and is not a biomarker of Type 1. Can be the mechanisms of action.

C. Biomarker Type 3. Represents appropriate selection of dose, and is not a biomarker of Type 1 or Type 2.

Example: Finger twitch in TMS for depression.

Using Biomarker Type 1 or Type 2 or Type 3 in Personalized Medicine



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If the optimization method (loop) is the same for all three types of Biomarkers, does it matter to distinguish them?



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C. Biomarker Type 3. Represents appropriate selection of dose, and is not a biomarker of Type 1 or Type 2.

3. Triggers, are subject or objective measures that do *not* respond to the intervention and are used to tune dose.

Example: Heart rate of breathing gated stimulation (when not responsive to stimulation)

Using Biomarker Type 4 in Personalized Medicine



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A. Biomarker Type I. Tracks the clinical endpoint, but is not the clinical endpoint. Ideally anticipates changes in the clinical endpoint.

B. Biomarker Type 2. Represents *acute* response to dose, and is not a biomarker of Type 1. Can be the mechanisms of action.

C. Biomarker Type 3. Represents appropriate selection of dose, and is not a biomarker of Type 1 or Type 2.

3. Triggers, are subject or objective measures that do not respond to the intervention and are used to tune dose.

4. Inclusion criteria. Govern subject selection for varied purposed (eg. trial success)